

YMCA Lap Swimming Etiquette

These good manners, also known as circle swimming, will aid in making everyone's lap swimming more enjoyable.

1. Use the black line on bottom of pool as you would a center line of the highway, swim on the right side of it.
2. When passing, always pass on the right, over black line.
3. Rest and converse at end of pool and out of the way of incoming swimmers.
4. If consistently being passed move to slower lane.
5. If consistently passing others, move to a faster lane.
6. If you are using our equipment, use respectfully and return when finished.

As space allows circle swimming may not be necessary, but as we are a limited sized pool, more swimmers at a given time may require it. If you have any questions feel free to call or speak with the lifeguard on duty.

