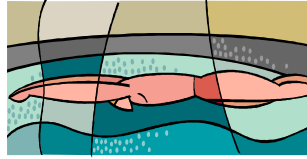


YMCA Pool Rules



1. Obey Lifeguard at all times.
2. Three whistles means clear the pool. One whistle - look to the lifeguard.
3. No diving. Enter feet first facing forward.
4. No Running. Decks are slippery.
5. No dunking, pushing, or rough housing.
6. Must take cleansing shower before entering pools. Oregon State Health Code.
7. Swimmers under 16 - Must pass deep-end test to swim past rope.
8. Preschoolers (Children under 5) must be accompanied **in the water** within arms reach of someone 14 yrs. or older at all times.
9. No floatation devices for young children unless within arms reach of someone 14 yrs. or older.
10. No Swimming if you have a bandage or an open sore.
11. No eating or drinking on the pool deck. Water is ok.
12. ABSOLUTLY NO glass containers on the pool deck.